

## PATIENT CARE

Separators are small rubber rings that are placed between your molars to gently move the teeth and create space. Without creating this space your new appliance would not be able to fit in your mouth.

You may experience some discomfort in the initial stages but it is important that the separators stay where they are to allow for bands (rings around the back/molar teeth) to be comfortably placed at your next appointment.

If a separator is lost please call the practice (9796 2794) as it is important it is replaced before your next appointment.

You will need to avoid any chewy sticky foods and refrain from flossing the area during this time to prevent the loss of separators.



